



AJK'S MARTIAL ARTS AND FITNESS CENTER, INC.

2011-2012 Quarterly Calendar Schedule



*714-791-5877 (Chief Instructor) www.AJKSTKD.com *949-394-0410 (Account Manager)

December

January

SUN	MON	TUE	WED	THUR	FRI	SAT	SUN	MON	TUE	WED	THUR	FRI	SAT
Let's enjoy some holiday fun on Dec. 16 th ! There will be games, treats, & prizes. Let's have fun!				1 TKD All Belt: 3-4:30PM ***** PRIVATE	2 TKD *Sparring: 3-4:30PM ***** PRIVATE	3 TKD *Sparring: 1-3PM ***** PRIVATE	1	2 No TKD	3 No TKD	4 No TKD	5 No TKD	6 No TKD	7 No TKD
4	5 TKD All Belt: 3-4:30PM BBC: 1hr. 4:15-5:15	6 TKD All Belt: 3-4:30PM	7 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	8 TKD Pro. Test 3:30-5PM ★	9 Black Belt Prep. 3 to 5PM <i>Black Belts attend.</i>	10 TKD ***** Black Belt Test 9 to 1 PM	8	9 TKD All Belt: 3-4:30PM BBC 1hr. 4:15-5:15	10 TKD All Belt: 3-4:30PM	11 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	12 TKD All Belt: 3-4:30PM ***** PRIVATE	13 TKD *Sparring: 3-4:30PM ***** PRIVATE	14 TKD *Sparring: 1-3PM ***** PRIVATE
11	12 TKD All Belt: 3-4:30PM BBC: 1hr. 4:15-5:15	13 TKD All Belt: 3-4:30PM	14 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	15 TKD All Belt: 3-4:30PM ***** PRIVATE	16** All Belt: 3-4:30PM <i>Holiday Madness</i>	17 No TKD	15	16 No TKD	17 TKD All Belt: 3-4:30PM	18 TKD All Belt: 3-4:30PM	19 TKD All Belt: 3-4:30PM ***** PRIVATE	20** All Belt: 3-4:30PM ***** PRIVATE	21 No TKD
18	19 TKD All Belt: 3-4:30PM BBC: 1hr. 4:15-5:15	20 No TKD	21 No TKD	22 No TKD	23 No TKD	24 No TKD	22	23 TKD All Belt: 3-4:30PM BBC 1hr. 4:15-5:15	24 TKD All Belt: 3-4:30PM	25 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	26 TKD All Belt: 3-4:30PM ***** PRIVATE	27 TKD *Sparring: 3-4:30PM ***** PRIVATE	28 No TKD
25	26 No TKD	27 No TKD	28 No TKD	29 No TKD	30 No TKD	31 No TKD	29	30 TKD All Belt: 3-4:30PM BBC 1hr. 4:15-5:15	31 TKD All Belt: 3-4:30PM				
Huntington Beach Black Belt Center's NEW location: 9887 Hamilton Avenue, HB, 92646 (Right next to Trader Joe's).							If you miss a day, make it up on <u>any</u> day! Just let us know how we may serve you!						

NOTES

- BBC (Black Belt Classes): Open to **Rec. black and black belts**, and are offered Mon. *See schedule for days and times.*
- *Tournament Classes: Open to athletes who desire to compete, and are made through private appointments *only*.
- **Friday Fun Days: Open to **ANY** belt level and are offered on Fri. *See schedule for days and times.*



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February

SUN	MON	TUE	WED	THUR	FRI	SAT
			1 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	2 TKD All Belt: 3-4:30PM ***** PRIVATE	3 TKD *Sparring: 3-4:30PM ***** PRIVATE	4 TKD *Sparring: 1-3PM ***** PRIVATE
5	6 TKD All Belt: 3-4:30PM BBC 1hr. 4:15-5:15	7 TKD All Belt: 3-4:30PM	8 TKD All Belt: 3-4:30PM	9 TKD All Belt: 3-4:30PM ***** PRIVATE	10** All Belt: 3-4:30PM ***** PRIVATE	11 No TKD
12	13 TKD All Belt: 3-4:30PM BBC 1hr. 4:15-5:15	14 TKD All Belt: 3-4:30PM	15 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	16 TKD Pro. Test 3:30-5PM ★	17 No TKD	18 No TKD
19	20 No TKD	21 No TKD	22 No TKD	23 No TKD	24 No TKD	25 No TKD
26	27 TKD All Belt: 3-4:30PM BBC 1hr. 4:15-5:15	28 TKD All Belt: 3-4:30PM	29 TKD All Belt: 3-4:30PM			
<p>Spring is upon us! We are finalizing our TWO exciting TKD summer camps! Look in March's mailing for our summer invitation flyer! Let's have a "kickin" time this summer!</p>						

NEWS BULLETIN

- Enjoy our Flexible Class Schedule! All belts are welcomed to attend any one, two, or unlimited day combination per week! Private lessons are offered Thurs., Fri., and Sat. upon appointment! *Please check schedule for days and times.*
- AJK's offers 16 hrs. of sparring per ¼. Sparring Classes are now open to all belts. Green belts or higher must have at least 8hrs. of sparring since their last test to be eligible to advance. **AJK's is now offering 1 hr. Sparring classes on Wednesdays and Fridays at Carden Hall. Refer to ¼ Cal. for dates and times. *Black Belts should attend sparring at least three times a month.***
- Tournament Classes will be offered through private appointment *only* on Thur., Fri., & Sat. Our tournament policies have changed. Please contact Mrs. Kinowski at 949-394-0410 for further information.
- On Friday, December 16th from 3 to 4:30 PM at Carden Hall, All TKD students are invited to participate in our Holiday Madness! There will be games, snacks and prizes!
- There are TWO promotion tests this quarter. Again, should your athlete be testing, you will be notified a week prior to the exam date. We encourage the ownership of an athlete's readiness level.

NOTES

- *Sparring Classes: Open to all belts. These classes are offered on Wed., Fri., & Sat. *See schedule for days and times.*
- Weapon Class: Open to green belts or higher. These classes are offered in some classes at no charge.
- Private Lessons: Open to all ages and are scheduled on Thursday, Friday, and Saturday. *See schedule for days and times.*