

AJK'S MARTIAL ARTS AND FITNESS CENTER, INC.

2014-2015 Quarterly Calendar Schedule

*714-791-5877 (Chief Instructor) www.AJKSTKD.com *949-394-0410 (Account Manager)

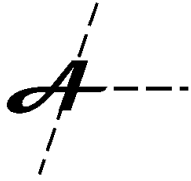
June

July

SUN	MON	TUE	WED	THUR	FRI	SAT	SUN	MON	TUE	WED	THUR	FRI	SAT
	1 TKD All Belt: 3-4:30PM BBC: 1hr. 4:15-5:15	2 TKD All Belt: 3-4:30PM <i>Watermelon Fun Week</i>	3 TKD All Belt: 3-4:30P	4 TKD All Belt: 3-4:30PM BB Prep 3-5:15 PM	5** All Belt: 3-4:30PM ***** PRIVATE	6 17th Black Belt Test (9 AM to 1 PM)				1	2	3	4
	You may arrive to camp as early as 8 AM. Pick up time will be at 3 PM.												
7	8 No TKD	9 No TKD	10 <i>Last day</i> to ensure camp enrollment. *****	11	12	13	5	6 TKD Camp 9-12 PM 12-3 PM	7 TKD Camp 9-12 PM 12-3 PM	8 TKD Camp 9-12 PM 12-3 PM	9 TKD Camp 9-12 PM 12-3 PM	10 *** TKD Camp 9-12 PM 12-3 PM	11
14	15	16	17	18 PRIVATE LESSONS	19 PRIVATE LESSONS	20	12	*** Special Ceremony: The next TKD test is on July 10 th at Carden Hall from 12 PM to 1 PM.					
21	22	23	24	25 PRIVATE LESSONS	26 PRIVATE LESSONS	27	19	20	21	22	23	24	25
28	29	30					26	27	28	29	30	31	
AJK's 2015 Taekwondo summer camps and private lessons are a great way to maintain an athlete's TKD training over the summer months. We hope to see you either during one of our two camps or for private lessons at Carden Hall or a designated location. We hope to see you over the summer!							Students with a rank of green belt or higher must have at least 8 hours of sparring since their last test to be eligible to test for their next rank. Sparring is the sport of TKD. <i>Note: Sparring is offered in the July and August camps and on Wed. and Fri. during the school year. There are 16 hours offered in a ¼.</i>						

NOTES

- BBC (Black Belt Classes): Open to **Rec. black and black belts**, and are offered Mon. *See schedule for days and times.*
- *Tournament Classes: Open to athletes who desire to compete, and are made through private appointments *only*.
- **Friday Fun Days: Open to **ANY** belt level and are offered on Fri. *See schedule for days and times.*



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August

SUN	MON	TUE	WED	THUR	FRI	SAT
						1
You may arrive to camp as early as 8 AM. Pick up time will be at 3 PM.						
2	3	4	5	6 PRIVATE LESSONS	7 PRIVATE LESSONS	8
9	10 TKD Camp 9-12 PM 12-3 PM	11 TKD Camp 9-12 PM 12-3 PM	12 TKD Camp 9-12 PM 12-3 PM	13 TKD Camp 9-12 PM 12-3 PM	14*** TKD Camp 9-12 PM 12-3 PM	15
16	17	18	19	20 PRIVATE LESSONS	21 PRIVATE LESSONS	22
23	24	25	26	27 PRIVATE LESSONS	28 PRIVATE LESSONS	29
***Special Ceremonies: The next TKD test is on August 14 th at Carden Hall from 12 PM to 1 PM. Demo is from 1 PM to 2 PM. This special demo is a 20 min. choreographed piece that will immediately follow the promotion test. We hope to see you there!						

NEWS BULLETIN

- Enjoy our Flexible Class Schedule! All belts are welcomed to attend any one, two, or unlimited day combination per week! Private lessons are offered Thursday and Friday upon appointment! Please check schedule for days and times.
- AJK's offers 16 hrs. of sparring per 1/4. Sparring Classes are now open to all belts. Green belts or higher must have at least 8hrs. of sparring since their last test to be eligible to advance. AJK's offers 1 hr. Sparring classes on Wednesdays and Fridays at Carden Hall. Refer to 1/4 Cal. for dates and times. Black Belts should attend sparring at least three times a month.
- On June 6th from 9 A.M. to 1 P.M. at Carden Hall, AJK's will be conducting its 17th Black Belt Promotion Exam as well as our annual Maintenance Examination. Come join the fun!
- You are invited to watch AJK's eighth annual TKD Championship and fantastic 20 min. group TKD demonstration on August 14th from 1 P.M. to 2 P.M. at Carden Hall.
- A reminder: Enrollment begins in August. AJK's bills one month ahead. The last week of September and the first week in June are structured into your 8 months of tuition payments. We look forward to serving you!

NOTES

- *Sparring Classes: Open to all belts. These classes are offered on Wednesday and Friday. See schedule for days and times.
- Weapon Class: Open to green belts or higher. These classes are offered in some classes at no charge.
- Private Lessons: Open to all ages and are scheduled on Thursday and Friday. See schedule for days and times.