



"Where will your future take you?" - AJK's

2016-2017 Quarterly Calendar Schedule

www.AJKSTKD.com

AJK's
Contact Information

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March

April

| SUN | MON | TUE | WED | THUR | FRI | SAT | SUN | MON | TUE | WED | THUR | FRI | SAT | |
|-----|--|-----------------------------|-----------------------------|------|---|-----------------------------------|-----|--|--|--------------------------------------|--------------|--|-----------------------------------|--|
| | | | 1 All Belt: 3-4:45PM | 2 | 3 | 4** BBD 9AM to 12 PM | | | | | | | 1** BBD 9AM to 12 PM | |
| 5 | 6 All Belt: 3-4:45PM BBC: 4:15-5:30 | 7 All Belt: 3-4:45PM | 8 All Belt: 3-4:45PM | 9 | 10 | 11 | 2 | 3 All Belt: 3-4:45PM BBC: 4:15-5:30 | 4 All Belt: 3-4:45PM | 5 All Belt: 3-4:45PM | 6 | 7 | 8 | |
| 12 | 13 All Belt: 3-4:45PM BBC: 4:15-5:30 | 14 All Belt: 3-4:45PM | 15 All Belt: 3-4:45PM | 16 | 17** All Belt: 3-4:45PM SPARRING CLINIC | 18** BBD 9AM to 12 PM | 9 | 10 No TKD | 11 No TKD | 12 No TKD | 13 No TKD | 14 No TKD | 15 | |
| 19 | 20 All Belt: 3-4:45PM BBC: 4:15-5:30 | 21 All Belt: 3-4:45PM | 22 All Belt: 3-4:45PM | 23 | 24 | 25 | 16 | 17 No TKD | 18 All Belt: 3-4:45PM | 19 All Belt: 3-4:45PM | 20 | 21*** All Belt: 3-4:45PM | 22 | |
| 26 | 27 All Belt: 3-4:45PM BBC: 4:15-5:30 | 28 All Belt: 3-4:45PM | 29 All Belt: 3-4:45PM | 30 | 31 | | 23 | 24 All Belt: 3-4:45PM BBC: 4:15-5:30 | 25 All Belt: 3-4:45PM | 26 TKD Pro. Test 3:30-5PM ★ | 27 | 28** All Belt: 3-4:45PM BOARD BREAKING | 29** BBD 9AM to 12 PM | |
| | If you miss a day; make it up on <u>any</u> day! | | | | | | | 30 | AJK's BBD (Black Belt Development) class will be held on some Saturdays from 9 a.m. to 12 p.m. Please check the quarterly calendar for days and times. | | | | | |

NOTES

- BBC (Black Belt Classes): Open to Rec. black and black belts and are offered Mondays.
- **Special Clinic Classes: Open to athletes who desire to strengthen and build their TKD skills and are offered some Fridays.
- ***Friday Fun Days: Open to ANY belt level and are offered some Fridays.




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May

NEWS BULLETIN

| SUN | MON | TUE | WED | THUR | FRI | SAT |
|-----|--|--------------------------|--|------|--------------------------------|-----------------------------------|
| | 1 All Belt: 3-4:45PM BBC: 4:15-5:30 | 2 All Belt: 3-4:45PM | 3 All Belt: 3-4:45PM | 4 | 5 | 6 |
| 7 | 8 All Belt: 3-4:45PM BBC: 4:15-5:30 | 9 All Belt: 3-4:45PM | 10 All Belt: 3-4:45PM | 11 | 12*** All Belt: 3-4:45PM | 13** BBD 9AM to 12 PM |
| 14 | 15 All Belt: 3-4:45PM BBC: 4:15-5:30 | 16 All Belt: 3-4:45PM | 17 All Belt: 3-4:45PM | 18 | 19 | 20 |
| 21 | 22 All Belt: 3-4:45PM BBC: 4:15-5:30 | 23 All Belt: 3-4:45PM | 24 TKD Pro. Test 3:30-5PM  | 25 | 26 | 27** BBD 9AM to 12 PM |
| 28 | 29 No TKD | 30 All Belt: 3-4:45PM | 31 All Belt: 3-4:45PM | | | |
| | | | | | | |

- **Enjoy our Flexible Class Schedule!** All belts are welcomed to attend any one, two, or unlimited day combination per week! Private lessons are offered by appointment.
- **There are TWO promotion tests this quarter.** Again, should your athlete be testing, you will be notified a week prior to the exam date. We encourage the ownership of an athlete's readiness level. Please check the calendar for days and times.
- AJK's **SPARRING CLINIC** is on 3/17, from 3 to 4:45. Let's cut, counter, and capture a multitude of points! Pricing for this special clinic is \$8 and \$5 for 2nd in family AJK's will conduct another
- AJK's **BOARD BREAKING CLINIC** is on 4/28, from 3 to 4:45. Let's have some fun splitting wood! Pricing for this special clinic is \$20 per student (Includes 5 boards and instruction) and \$15 for 2nd in family.
- AJK's conducts classes on rainy days.
- AJK's will only be conducting one black belt test a year. It will be held in June. **AJK's 19th black belt exam is scheduled for Saturday, June 10th.** Black belts are required to attend this exam.
- Mark your calendars! You are invited to **AJK's 12th Family Appreciation Day on June 3rd from 12 PM to 3 PM.** Location details to follow. Let us celebrate you!

NOTES

- Weapon Class: Open to green belts or higher. These classes are offered in some classes at no charge.
- Private Lessons: Open to all ages and are scheduled by appointment only.