



AJK'S MARTIAL ARTS AND FITNESS CENTER, INC.

2013-2014 Quarterly Calendar Schedule



*714-791-5877 (Chief Instructor) www.AJKSTKD.com *949-394-0410 (Account Manager)

December

January

SUN	MON	TUE	WED	THUR	FRI	SAT	SUN	MON	TUE	WED	THUR	FRI	SAT	
1	2 TKD All Belt: 3-4:30PM BBC: 1hr. 4:15-5:15	3 TKD All Belt: 3-4:30PM	4 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	5 TKD All Belt: 3-4:30PM ***** PRIVATE	6 TKD *Sparring: 3-4:30PM ***** PRIVATE	7 No TKD				1 No TKD	2 No TKD	3 No TKD	4 No TKD	
8	9 TKD All Belt: 3-4:30PM BBC: 1hr. 4:15-5:15	10 TKD All Belt: 3-4:30PM	11 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	12 TKD Pro. Test 3:30-5PM ★	13** All Belt: 3-4:30PM <i>Holiday</i> <i>Madness</i>	14 No TKD	5	6 TKD All Belt: 3-4:30PM BBC 1hr. 4:15-5:15	7 TKD All Belt: 3-4:30PM	8 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	9 TKD All Belt: 3-4:30PM ***** PRIVATE	10 TKD *Sparring: 3-4:30PM ***** PRIVATE	11 No TKD	
15	16 TKD All Belt: 3-4:30PM BBC: 1hr. 4:15-5:15	17 TKD All Belt: 3-4:30PM	18 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	19 No TKD	20 No TKD	21 No TKD	12	13 TKD All Belt: 3-4:30PM BBC 1hr. 4:15-5:15	14 TKD All Belt: 3-4:30PM	15 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	16 TKD All Belt: 3-4:30PM ***** PRIVATE	17 TKD *Sparring: 3-4:30PM ***** PRIVATE	18 No TKD	
22	23 No TKD	24 No TKD	25 No TKD	26 No TKD	27 No TKD	28 No TKD	19	20 No TKD	21 TKD All Belt: 3-4:30PM	22 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	23 TKD All Belt: 3-4:30PM ***** PRIVATE	24 TKD *Sparring: 3-4:30PM ***** PRIVATE	25 No TKD	
29	30 No TKD	31 No TKD	<div style="border: 1px solid black; padding: 5px; background-color: #e0e0e0;"> Let's enjoy some holiday fun on Dec. 13th! There will be games, treats, & prizes. Let's have fun! </div>					26	27 TKD All Belt: 3-4:30PM BBC 1hr. 4:15-5:15	28 TKD All Belt: 3-4:30PM	29 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	30 TKD All Belt: 3-4:30PM ***** PRIVATE	31** All Belt: 3-4:30PM ***** PRIVATE	
											<div style="border: 1px solid black; padding: 5px; background-color: #e0e0e0;"> If you miss a day, make it up on <u>any</u> day! Just let us know how we may serve you! </div>			

NOTES

- BBC (Black Belt Classes): Open to ***Rec. black and black belts***, and are offered Mon. *See schedule for days and times.*
- *Tournament Classes: Open to athletes who desire to compete, and are made through private appointments *only*.
- **Friday Fun Days: Open to ***ANY*** belt level and are offered on Fri. *See schedule for days and times.*




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February

SUN	MON	TUE	WED	THUR	FRI	SAT
						1 No TKD
2	3 TKD All Belt: 3-4:30PM BBC 1hr. 4:15-5:15	4 TKD All Belt: 3-4:30PM	5 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	6 TKD All Belt: 3-4:30PM ***** PRIVATE	7 TKD *Sparring: 3-4:30PM ***** PRIVATE	8 No TKD
9	10 TKD All Belt: 3-4:30PM BBC 1hr. 4:15-5:15	11 TKD All Belt: 3-4:30PM	12 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	13 TKD Pro. Test 3:30-5PM 	14 No TKD	15 No TKD
16	17 No TKD	18 No TKD	19 No TKD	20 No TKD	21 No TKD	22 No TKD
23	24 TKD All Belt: 3-4:30PM BBC 1hr. 4:15-5:15	25 TKD All Belt: 3-4:30PM	26 TKD All Belt: 3-4:30PM *Sparring: 4:15-5:15	27 TKD All Belt: 3-4:30PM ***** PRIVATE	28 TKD *Sparring: 3-4:30PM ***** PRIVATE	
<p>Spring is upon us! We are finalizing our TWO exciting TKD summer camps! Look in March's mailing for our summer invitation flyer! Let's have a "kickin" time this summer!</p>						

NEWS BULLETIN

- Enjoy our Flexible Class Schedule! All belts are welcomed to attend any one, two, or unlimited day combination per week! Private lessons are offered Thursday and Friday upon appointment! Please check schedule for days and times.
- AJK's offers 16 hrs. of sparring per ¼. Sparring Classes are now open to all belts. Green belts or higher must have at least 8hrs. of sparring since their last test to be eligible to advance. AJK's offers 1 hr. Sparring classes on Wednesdays and Fridays at Carden Hall. Refer to ¼ Cal. for dates and times. Black Belts should attend sparring at least three times a month.
- On Friday, December 13th from 3 to 4:30 PM at Carden Hall, All TKD students are invited to participate in our Holiday Madness! Bring one or two friends. There will be games, snacks and prizes!
- There are TWO promotion tests this quarter. Again, should your athlete be testing, you will be notified a week prior to the exam date. We encourage the ownership of an athlete's readiness level.
- AJK's conducts classes on rainy days.
- Beginning in 2013, AJK's will only be conducting one black belt test a year. It will be held in June. Black belts are required to attend this exam.

NOTES

- *Sparring Classes: Open to **all** belts. These classes are offered on Wednesday and Friday. See schedule for days and times.
- Weapon Class: Open to green belts or higher. These classes are offered in some classes at no charge.
- Private Lessons: Open to **all** ages and are scheduled on Thursday and Friday. See schedule for days and times.