



# AJK'S MARTIAL ARTS AND FITNESS CENTER, INC.

## 2013-2014 Quarterly Calendar Schedule



\*714-791-5877 (Chief Instructor) [www.AJKSTKD.com](http://www.AJKSTKD.com) \*949-394-0410 (Account Manager)

### June

### July

SUN	MON	TUE	WED	THUR	FRI	SAT	SUN	MON	TUE	WED	THUR	FRI	SAT		
1	2 TKD All Belt: 3-4:30PM <b>BBC: 1hr.</b> 4:15-5:15	3 TKD All Belt: 3-4:30PM	4 TKD All Belt: 3-4:30PM	5 TKD All Belt: 3-4:30PM	6** <b>BB</b> Prep Class 3-5:15PM	7 <b>Black Belt Test</b> 9AM to 1 PM	You may arrive at 8:30 AM during The July Camp. Pick-up time is at 12 PM.								
	<i>Watermelon Fun Week!</i>														
8	9 <b>No TKD</b>	10 <b>No TKD</b>	11 <i>Last day to ensure Camp Registration</i> *****	12	13	14	6	7 TKD 9-12 PM All Belts <b>STORM CAMP</b>	8 TKD 9-12 PM All Belts <b>STORM CAMP</b>	9 TKD 9-12 PM All Belts <b>STORM CAMP</b>	10 TKD 9-12 PM All Belts <b>STORM CAMP</b>	11 TKD 9-1 PM All Belts *Special Ceremony	12		
15	16	17	18	19 PRIVATE LESSONS	20 PRIVATE LESSONS	21	13	The next TKD test is on July 11 <sup>th</sup> at CH, from 12 PM to 1:00 PM.						18	19
22	23	24	25	26 PRIVATE LESSONS	27 PRIVATE LESSONS	28	20	21	22	23	24	25	26		
29	30						27	28	29	30	31				
<p>AJK's 2014 Taekwondo summer camps and private lessons are a great way to maintain an athlete's TKD training over the summer months. We hope to see you either during one of our two camps or for private lessons at Carden Hall or a designated location. <b>We hope to see you over the summer!</b></p>							<p>Students with a rank of green belt or higher must have at least <b>8 hours</b> of sparring since their last test to be eligible to test for their next rank. <i>Sparring is the sport of TKD.</i> Note: Sparring is offered in the July and August camps and on Wed. and Fri. during the school year. <b>There are 16 hours offered in a ¼.</b></p>								

### NOTES

- BBC (Black Belt Classes): Open to **Rec. black and black belts**, and are offered Mon. *See schedule for days and times.*
- \*Tournament Classes: Open to athletes who desire to compete, and are made through private appointments *only*.
- \*\*Friday Fun Days: Open to **ANY** belt level and are offered on Fri. *See schedule for days and times.*



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### August

SUN	MON	TUE	WED	THUR	FRI	SAT
					1	2
You may arrive at 8:30 AM during The Aug. TKD Camp. Pick-up time is at 3 PM. You may arrive at 8:30 AM during the Athlete's Camp.						
3	4 Athlete's Athletic Camp 9-12 PM	5 Athlete's Athletic Camp 9-12 PM	6 Athlete's Athletic Camp 9-12 PM	7 Athlete's Athletic Camp 9-12 PM	8 Athlete's Athletic Camp 9-12 PM	9
10	11 TKD 9-3 PM All Belts Demo/*T. CAMP	12 TKD 9-3 PM All Belts Demo/*T. CAMP	13 TKD 9-3 PM All Belts Demo/*T. CAMP	14 TKD 9-3 PM All Belts Demo/*T. CAMP	15 TKD 9-3 PM All Belts *Special Ceremony	16 BEACH DAY 12-3PM
17	18	19	20	21 PRIVATE LESSONS	22 PRIVATE LESSONS	23
24	25	26	27	28 PRIVATE LESSONS	29 PRIVATE LESSONS	30
The next colored belt testing is on August 15 <sup>th</sup> at CH, from 12 PM to 1 PM. There will be a special 20 minute choreographed demonstration from 1:00 PM to 2:00 PM immediately following the promotion exam. <b>All family and friends are invited to this event! We hope to see you there!</b>						

### \*\*\*NEWS BULLETIN\*\*\*

- **AJK's offers 16 hrs. of sparring per ¼. Sparring Classes are *now* open to all belts. Green belts or higher must have at least 8hrs. of sparring since their last test to be eligible to advance. AJK's is now offering 1 hr. Sparring classes on Wednesdays and Fridays at Carden Hall. Refer to ¼ Cal. for dates and times. Eight hours of sparring are included in each of the two summer camps. *Black Belts should attend sparring at least three times a month.***
- ***On June 7<sup>th</sup> from 9 A.M. to 1 P.M. at Carden Hall, AJK's will be conducting its 16<sup>th</sup> Black Belt Promotion Exam as well as our annual Maintenance Examination. Come join the fun!***
- ***You are invited to watch AJK's seventh annual TKD Championship and Fantastic 20 minute group TKD Demonstration on August 15<sup>th</sup> from 12 P.M. to 2 P.M. at Carden Hall.***
- ***Beach Day will be held on August 16<sup>th</sup> from 12 to 3 PM. Please join the fun at the Huntington Beach Pier. (Details to follow.)***
- ***A reminder: Enrollment begins in August. AJK's bills one month ahead. The last week of September and the first week in June are structured into your 8 months of tuition payments. We look forward to serving you!***
- ***You are welcomed to attend the Aug. camp half-day.***

### NOTES

- **\*Sparring Classes:** Open to ***all*** belts. These classes are offered on Wednesday and Friday. *See schedule for days and times.*
- **Weapon Class:** Open to green belts or higher. These classes are offered in some classes at ***no charge.***
- **Private Lessons:** Open to ***all*** ages and are scheduled on Thursday and Friday. *See schedule for days and times.*